### Piotr Stankiewicz joins THE STOIC editorial team

We are pleased to announce that, starting with this issue, Piotr Stankiewicz joins our team of contributing editors. Piotr is the author of *Reformed Stoicism*, *Does Happiness Write Blank Pages?* and many other books in his native Polish language. Piotr will be writing about 'reformed stoicism' which can be described as 'Stoicism adapted to 21st Century. Welcome to Piotr!

### Apologies to Kai

In the last issue of the magazine we referred to Kai as Ken. Not once, but twice! As a true Stoic, Kai was not offened but responded "Made me smile :)." Nevertheless, our apologies to Kai.

#### Out new website will be on soon

We have been working on updating our website for the past several months. It is almost ready and we expect to be up and running some time in October. Once it is operational, you will have access to all articles ever published in THE STOIC magazine. You'll be able to search by author or topic. You will be able to access our blog posts, book reviews, and more. We expect continue adding new blog posts. Watch for it!

### Stoicon, Stoicon-X, and Stoic Week

It's that time of the year again. The 8<sup>th</sup> annual international Stoicon is scheduled to be held on Ocotober 17<sup>th</sup>. For the first time ever, the conference will be virtual. With over 25 speakers (including those in the 'lightning' session), it promises to be an intersting one. Details are on page 4. Now that you don't have to travel anywhere to attend the conference, there's no excuse for not attending!

During this season (starting in September and extending into November) many cities around the world have locally sponsored mini-conferences, Stoicon-X. Check to see if you've one in your city.

But nothing can take the place of practice. If you want really know what it is to live like a Stoic, you may want to enrol in modernstoicism.com's one week course. This course is totally free.

For details see the adjoining panel.

# LIVE LIKE A STOIC FOR A WEEK

## Stoicism during a Pandemic: Care for Ourselves, Others, and our World

Every animal, as soon as it is born, is concerned with itself and takes care to preserve itself. It favours its constitution and whatever preserves its constitution, whereas it recoils from its destruction and whatever appears to promote its destruction ... also parents' love for their chivldren arises naturally. From this starting-point we trace the development of all human society ... This is also the source of the mutual and natural sympathy between humans, so that the very fact of being human requires that no human be considered a stranger to any other.

Cicero, On Ends, 3.16, 62-3

One should always keep in mind these things:

what the nature of the whole is, and what my nature is, and how my nature is related to the whole, and what kind of part it is of what kind of whole, and that no one can prevent me from always doing and saying what is in accordance with nature of which I am a part.

Marcus Aurelius, Meditations, 2.9.

Stoic Week consists of seven chapters, one for each day of the week. It gives you an opportunity to join thousands of other participants around the world as they learn to apply Stoic concepts and techniques in their daily lives.

For more details and for enrolment, please follow this link: https://learn.modernstoicism.com/p/stoicweek

### HOUSEKEEPING

### Disclosure

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### **B**ack issues

We do not carry back issues of THE STOIC. However, they may be obtained from https://bit.ly/3aVVmeY. Your comments and suggestions are most welcome. Please feel free to comment on the magazine, its contents, quality, etc. We may publish your comments from time to time. Please address all your comments to: thestoic@thestoicgym.com.

### Writing for THE STOIC

THE STOIC is a carefully curated publication. If you would like to contribute an article to THE STOIC, please keep the following in mind. The articles should be applied in nature, should not be longer than 550 words, and must be written in plain English. All Stoic quotes should be fully sourced (eg. Not "Marcus Aurelius, Meditations", but "Marcus Aurelius, Meditations 4.7.")