

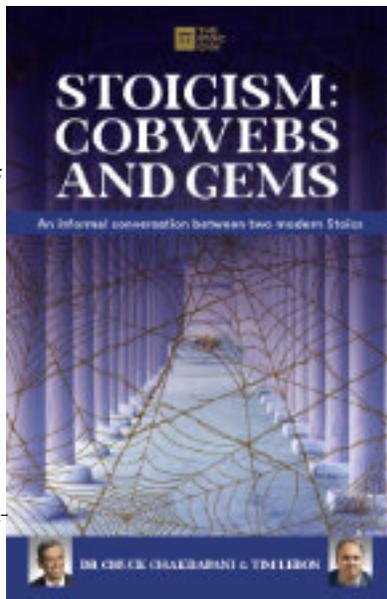
FREE BOOKS FROM THE STOIC GYM

STOICISM: COBWEBS AND GEMS (A LIMITED TIME OFFER)

During the Fall-Winter 2020 season, two modern Stoics, Tim LeBon and Chuck Chakrapani, exchanged a series of letters on modern Stoicism. Which ancient Stoic concepts are still useful? Which ones are not useful? Their letters explored the following topics: *What are the cobwebs and gems of Stoicism? What did Stoics think about God and is it still relevant today? Do we have to accept determinism to be a Stoic? Is Stoic physics really necessary? Is the universe really benevolent and does it embody wisdom? Is the universe a living thing?* This book is an edited and expanded version of those conversations with references added. If you are interested in Stoic philosophy as it applies to modern life, you may want to read this book.

Tim LeBon is an accredited CBT psychotherapist, counsellor, and Stoic Life Coaching private practice in London (UK) and one of the founders of Modern Stoicism. Dr. Chuck Chakrapani is the editor of THE STOIC magazine and the author of nearly twenty books on Stoicism, including Unshakable Freedom and How to be a Stoic When You Don't Know How. Get your free ebook here:

<https://thestoicgym.com/books/stoicism-cobwebs-and-gems-free>

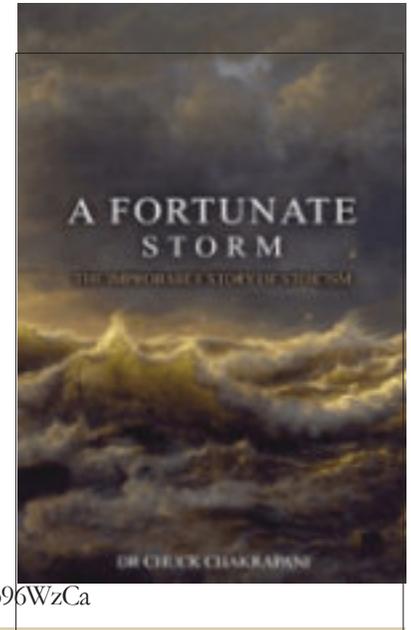


(A paperback version is available from Amazon: <https://amzn.to/3tFacQP>)

A FORTUNATE STORM: THE STRANGE STORY OF STOICISM

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who lived after the all the scholarchs were gone. This is the story of those eleven people. Many others contributed to Stoicism, but to make this brief and readable, Chuck Chakrapani tells the story of Stoicism through these eleven leading figures of Stoicism. Get your free book here: <https://thestoicgym.com/books/a-fortunate-storm-free>. A paperback version is available from Amazon: <https://amzn.to/396WzCa>



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Ancient Stoics lived in a time of turmoil under difficult conditions. So, the solutions they found to living free was tested under very stringent conditions. For example, Epictetus was a lame slave who made himself free and happy later in life by following the principles set out in this book. Get your free book here: <https://amzn.to/38f6HrY>

